

## Alex Myers



Alex is a Qualified Executive Coach, Mediator and Chartered Occupational Psychologist. She has worked in the NHS, Retail and Charity Sectors and has specialised in talent development and improving employee performance. She has a special interest in psychometric assessments and has most recently undertaken an accreditation to support both organisations and individuals build resilience. Alex works for Jewish Care 3 days a week as 'Head of Talent'.